

	Breakfast 0830-1000	Lunch 1300-1400	Dinner 1930-2015
Mon	Pav Bhaji with Chopped onion, tomato and lemon slices, Sprouts	—	Desi Chana Curry Rice, Roti, Chana Dal, Curd Grape juice
Tue	Idli Vada Sambar/Sagu Coconut Chutney Cornflakes	—	Paneer Tikka Tandoori Roti Rice, Toor Dal Lemon juice
Wed	Aloo Paratha Curd, Chutney, Pickle, Chocos	—	Chole Curry Paratha, Rice, Masoor Dal Pineapple slices
Thu	Paneer Subzi Roti Cornflakes	—	Soyabean Curry Rice, Roti, Chana Dal Lemon juice
Fri	Poori or Utappam Saggu, Sprouts	—	Bhindi Coconut Fry, Beetroot Fry Rice, Roti, Toor Dal, Curd with powdered sugar
Sat	Poha Coconut chutney or Namkeen, Lemon slices Banana, Chocos	Green Peas Curry Rice, Roti, Rasam, Chana Dal Ice cream	Chilli Paneer Tandoori Roti, Rice, Moong Dal Lemon juice
Sun	Masala Dosa (with Chilli paste) Sagu or Sambar	Bisibele Bhath/ Tomato Rice/Lemon Rice / Puliogare, Aloo Fry Chutney or Raita Rice, Roti, Masoor Dal Lassi/Buttermilk	Rajma Curry Rice, Roti, Rasam, Chana Dal Seasonal fruit or fruit juice

Milk and coffee shall be served during breakfast every day and on holidays at 04:30 p.m.